



Connect

Issue 33



Connecting people with
learning disabilities in Dorset



Who are People First Dorset?

We are a charity led and run by people with learning disabilities, with support from staff and volunteers.

We want to be independent, to have our voices heard and be included in community life.



Welcome to the Connect Newsletter!

Inside you will find information about our meetings and events for March and April.

Our events are open to all adults with learning disabilities that live in Dorset. They are free to attend!

Remember to bring money for refreshments at events if you would like to buy them.

Events Diary

Monday _____

Tuesday *Friendship Club* _____

Wednesday _____

Thursday *Speaking Up Group* _____

Friday *Sports Session* _____

Saturday _____

Sunday _____

***Please book before you
come to events,
thank you!***

Event Booking

How to book on to events

There are lots of ways you can tell us which events you are coming to, you can:



Telephone the office.



Email the office.



Fill out the form which is with this booklet, then post it back to us.



Fill out the form on our website. You will find the form on our homepage.

Friendship Club

Dorchester Events

Come and meet up with friends at local venues like pubs and cafes.



Event	Date and Time	Where
Meal and Quiz	Tuesday 5 th March 6pm to 8pm	Junction Pub
Meal and Bingo	Tuesday 19 th March 6pm to 8pm	Hendover
Picnic and Games	Tuesday 2 nd April 6pm to 8pm	Borough Gardens
Meal and Quiz	Tuesday 16 th April 6pm to 8pm	Brewhouse

Friendship Club

Weymouth Events

Come and meet up with friends at local venues like pubs and cafes.



Event	Date and Time	Where
Meal and Quiz	Tuesday 12 th March 6pm to 8pm	Dry Dock Pub
Art and craft Activity	Tuesday 26 th March 6pm to 8pm	Hardy's Hophouse
Meal and Quiz	Tuesday 9 th April 6pm to 8pm	Slug and Lettuce
St Georges Day Activity	Tuesday 23 rd April 6pm to 8pm	Hardy's Hophouse

Friendship Club

Weymouth Disco

Come and join us
for a boogie to your
favourite songs!



<i>Date and Time</i>	<i>Where</i>
Thursday 28 th March 6.30pm to 9pm Talent Show	Centenary Club
Thursday 18 th April 7pm to 9pm	Centenary Club

***Please don't forget to let us
know you are coming!***

Money Workshop

Funds and Friends

Come and join us for some fun activities with friends.

Learn ways to get the most from your money!



Date and Time

Tuesday 19th March
6pm to 8pm

Where

Dry Dock Pub,
Weymouth



Snacks will be provided but bring money for a drink.

Please don't forget to let us know you are coming!

Money Workshop

Funds and Friends

Join us **online** for a catch up with friends!

Share what you know about spending and saving!



Date and Time

Monday 15th April
6pm to 7pm

Where

On Zoom

This session will be on Zoom.

A link will be sent to you after you book.



Speaking Up

Speaking Up Groups

Join in one of our groups to talk about what is important to you and build your confidence.

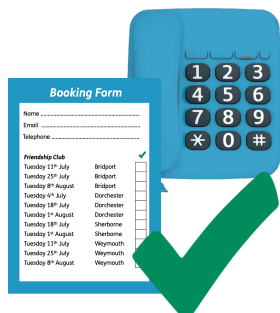


Area	Date and Time	Where
Dorchester	Wednesday 6pm to 7.30pm 13 th March 10 th April	United Church Dorchester
Ferndown	Wednesday 10am to 11.30am 13 th March	Ferndown Library

Please don't forget to let us know you are coming!

Speaking Up

Area	Date and Time	Where
Swanage	Monday 11am to 12.30pm 18 th March	Learning Centre Durlston
Wareham	Wednesday 10.30am to 12pm 20 th March	Purbeck Connect Centre
Weymouth	Tuesday 11am to 12.30pm 5 th March 2 nd April	Bethany Hall



IMPORTANT
 Please book before
 you come to any
 events, thank you!

For more information see:

www.peoplefirstdorset.org.uk

Call: **01305 257600**

Email: **office@peoplefirstdorset.org.uk**

Write:

**People First Dorset
Unit 2 Herringston Barn,
Dorchester, DT2 9PU.**

