



Connect

Issue 34



Connecting people with
learning disabilities in Dorset



Who are People First Dorset?

We are a charity led and run by people with learning disabilities, with support from staff and volunteers.

We want to be independent, have our voices heard and be included in community life.



Welcome to the Connect Newsletter!

Inside you will find information about our meetings and events for May and June.

Our events are open to all adults with learning disabilities who live in Dorset. They are free to attend!

Remember to bring money for refreshments at events if you would like to buy them.

Events Diary



Monday _____

Tuesday *Friendship Club* _____

Wednesday _____

Thursday *Speaking Up Group* _____

Friday *Sports Session* _____

Saturday _____

Sunday _____

**Please book before you
come to events,
thank you!**

Event Booking

How to book on to events

There are lots of ways you can tell us which events you are coming to, you can:



Telephone the office.



Email the office.



Fill out the form which is with this booklet, then post it back to us.



Fill out the form on our website. You will find the form on our homepage.

Friendship Club

Dorchester Events

Come and meet up with friends at local venues like pubs and cafes.



Event	Date and Time	Where
Meal and quiz	Tuesday 7 th May 6pm to 8pm	Brew House
Meal and bingo	Tuesday 21 st May 6pm to 8pm	Walnut Grove Cafe
Outdoor games: bring your own picnic!	Tuesday 4 th June 6pm to 8pm	Borough Gardens Bandstand
	Tuesday 18 th June 6pm to 8pm	Poundbury Great Field PIPs Café

Please don't forget to let us know you are coming!

Friendship Club

Weymouth Events

Come and meet up with friends at local venues like pubs and cafes.



Event	Date and Time	Where
Games and pizza	Tuesday 14 th May 6pm to 8pm	Dry Dock Pub
Food and bingo	Tuesday 28 th May 6pm to 8pm	Hardy's Hophouse
Fish and chips and beach games	Tuesday 25 th June 6pm to 8pm	Meet at Jubilee Clock

Please don't forget to let us know you are coming!

Friendship Club

Weymouth Disco

Come and join us
for a boogie to your
favourite songs!



Date and time	Where
Thursday 16th May 7pm - 9pm	Centenary Club
Thursday 20th June 7pm - 9pm	Centenary Club

**Please don't forget to let us
know you are coming!**

Friendship Club

Coppet Hill Farm Visit

Lots of fun activities
at the farm!



Coaches will collect
members from
Weymouth and
Dorchester.



Tuesday 11th June

5pm – 9pm

Please bring food
and a drink with you.



Booking is essential!
We will then send you travel details.

Online events

Join us online!

Take part in bingo and a money skills workshop, without leaving your house!



Event	Date and time
Bingo	Monday 13 th May 6pm – 7pm
Money skills workshop	Monday 17 th June 6pm – 7pm

Contact us for the Zoom link to these events!

office@peoplefirstdorset.org.uk

Sports Sessions

New sports events for May and June!



Indoor bowling

A team game. It involves rolling balls, on a green, towards a target.



Cricket

A team game. It involves throwing and catching a ball, hitting a ball with a bat, and running.

These events are run by experienced coaches, hosted by People First Dorset and are inclusive for all.

Please don't forget to let us know you are coming!

Sports Sessions

Indoor bowls



Area	Date and Time	Where
Dorchester	Wednesdays 6pm – 7.15pm 15 th May 29 th May	Sandringham Sports Centre DT1 2TN
Weymouth	Thursdays 6pm – 7.15pm 9 th May 23 rd May	The Marsh Sports Ground, Knightsdale Road DT4 0HX

Please don't forget to let us know you are coming!

Sports Sessions

Cricket



Sports sessions supported by:



Area	Date + Time	Where
Dorchester	Fridays 5pm – 6.30pm 7 th June 14 th June	Dorchester Cricket Ground, DT1 2RY
Weymouth	21 st June 28 th June	Redlands, Dorchester Road DT3 5AW



Bring water and wear sports clothes and trainers.

Please don't forget to let us know you are coming!

Speaking Up

Speaking Up Groups

Join one of our groups to talk about what is important to you and build your confidence.



Area	Date and Time	Where
Dorchester	Wednesdays 6pm to 7.30pm 8 th May 12 th June	United Church Dorchester
	Tuesday 6pm to 8pm 25 th June Money workshop: drinks and snacks provided	United Church Dorchester
Ferndown	Wednesday 10am to 12pm 8 th May	Ferndown Library

Speaking Up

Area	Date and Time	Where
Swanage	Monday 11am to 12.30pm 20 th May	Learning Centre Durlston
Weymouth	Tuesdays 11am to 12.30pm 7 th May 4 th June	Bethany Hall



IMPORTANT
Please book before
you come to any
events, thank you!

Contact us



Website:
www.peoplefirstdorset.org.uk

Phone:
01305 257600

Email:
office@peoplefirstdorset.org.uk

Write:
**People First Dorset
Unit 2, Herringston Barn,
Dorchester, DT2 9PU.**

