Connect Issue 26





Connecting people with learning disabilities in Dorset



Who are People First Dorset?

We are a charity led and run by people with learning disabilities, with support from staff and volunteers.

We want to be independent, to have our voices heard and be included in community life.

How to contact us



Telephone: 01305 257600

Email: office@peoplefirstdorset.org.uk



Post: People First Dorset Unit 2, Herringston barn, Dorchester, DT2 9PU.



Welcome to the Connect Dorset Newsletter!



Inside you will find information about our meetings and events for February.



We usually send the newsletter every 2 months, but we will be sending it monthly over the winter.



This is because the number of Covid 19 infections is increasing.

So we need to be able to check the infection numbers and new guidance more frequently throughout the winter.



Then we can organise events that try to keep everyone as safe as possible.

Events Diary



Don't forget to fill up your diary with People First Dorset events!

Please book your place in advance. See page 12 for information on booking events.

Bridport Events

Come and meet up with friends at local venues like pubs and cafes.



Event	Date and Time	Where
Skittles	Tuesday 14 th February 6pm to 8pm	The Woodman Pub
Bingo	Tuesday 28 th February 6pm to 8pm	The Bull Hotel

Don't forget to let us know you are coming, see page 12.

Dorchester Events

Come and meet up with friends at local venues like pubs and cafes.



Event	Date and Time	Where
Art Session	Tuesday 7 th February 6pm to 8pm	The Junction Pub
Meal and Quiz	Tuesday 21 st February 6pm to 8pm	Walnut Grove Cafe

Don't forget to let us know you are coming, see page 12.

North Dorset Events

Come and meet up with friends at local venues like pubs and cafes.



Event	Date and Time	Where
Meal and Quiz	Tuesday 7 th February 6pm to 8pm	The White Hart Pub, Sturminster Newton
Art Session	Tuesday 21 st February 6pm to 8pm	The White Hart Pub, Sturminster Newton

Don't forget to let us know you are coming, see page 12.

Weymouth Events

Come and meet up with friends at local venues like pubs and cafes.



Event	Date and Time	Where
Art session	Tuesday 14 th February 6pm to 8pm	The Hardys Hophouse Pub
Meal and Quiz	Tuesday 28 th February 6pm to 8pm	Dorset Burger Company
Don't forget to let us know you are coming, see page 12.		
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Weymouth Disco Come and join us for a boogie to your favourite songs!	
Date and Time	Where
Thursday 16 th February 7pm to 9pm	Centenary Club
Online Event Have fun from home w our online quizzes and games.	ith
Date and Time	M/h a va

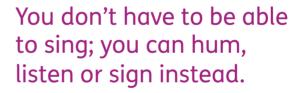
Date and Time	Where
Monday 13 th February 6pm to 7pm	On Zoom
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Singing Session Come and sing along to familiar songs. No auditions, anyone can join in!





It's a relaxed session, with time for tea and chat.



Date and Time	Where
Thursday 23 rd February 6pm to 7.30pm	United Reformed Church, Dorchester

Speaking Up

Speaking Up Groups

Join in one of our groups to talk about what is important to you and build your confidence.



Area	Date and Time	Where
Bridport	Thursday 23 rd February 2pm - 3.30pm	Bridport Youth Centre
Dorchester	Wednesday 8 th February 6pm - 7.30pm	Dorford Centre
Ferndown	Wednesday 8 th February 10am - 11.30pm	Ferndown Library
Swanage	Monday 20 th February 11am - 12.30pm	Learning Centre Durlston Park

Speaking Up

Speaking Up Groups continued

Area	Date and Time	Where
Verwood	Thursday 9 th February 11am - 12.30pm	Verwood Hub
Wareham	Wednesday 22 nd February 10am - 11.30am	Purbeck Connect Centre
Weymouth	Tuesday 7 th February 11am - 12.30pm	Bethany Hall, Westham Road
Weymouth	Wednesday 22 nd February 6pm - 7.30pm	Hope United Reformed Church



Don't forget to let us know you are coming, please see **page 12** for details of how to book.

Event Booking

Please let us know you are coming to our events!

There are lots of ways you can tell us which events you are coming to, you can:



Telephone the office.

Email the office.



Fill out the form on the next page. Put a tick by the events you

would like to come to, then post it back to us.



Fill out the form on our website. You will find the form on our homepage.

Booking Form

Name	•
Email	•
Telephone	•

Friendship Club

Tuesday 14th February Tuesday 28th February Tuesday 7th February Tuesday 21st February Tuesday 7th February Tuesday 21st February Tuesday 14th February Tuesday 28th February Thursday 16th February **Singing Session** Thursday 23rd February **Online Event** Monday 13th February

Bridport Bridport Dorchester Dorchester Sturminster Sturminster Weymouth Weymouth Weymouth

Dorchester

Zoom



Speaking Up Thursday 23rd February Wednesday 8th February Wednesday 8th February

Monday 20th February Thursday 9th February

Wednesday 22nd February

Tuesday 7th February

Wednesday 22nd February

Bridport Dorchester Ferndown Swanage Verwood Wareham Weymouth

Weymouth







Please cut out the form, put it in an envelope and post to:

Freepost RUBL-CSKL-AARY People First Dorset Unit 2 Herringston Barn Herringston DORCHESTER DT2 9PU

You don't need a stamp.

For more information see:

www.peoplefirstdorset.org.uk

Call: 01305 257600

Email: office@peoplefirstdorset.org.uk

Write: People First Dorset Unit 2 Herringston Barn, Dorchester DT2 9PU.

