



# Connect

Issue 31



Connecting people with learning  
disabilities in Dorset



## Who are People First Dorset?

We are a charity led and run by people with learning disabilities, with support from staff and volunteers.

We want to be independent, to have our voices heard and be included in community life.



## Welcome to the Connect Newsletter!

Inside you will find information about our meetings and events for November and December

Our events are open to all adults with learning disabilities that live in Dorset. They are free to attend!

Remember to bring money for refreshments at events if you would like to buy them.

# Events Diary



Please book before you come  
to events,  
thank you!

# Event Booking

## IMPORTANT INFORMATION!

Booking Form	
Name _____	
Email _____	
Telephone _____	
Friendship Club	
Tuesday 11 <sup>th</sup> July	Bridport <input checked="" type="checkbox"/>
Tuesday 25 <sup>th</sup> July	Bridport <input type="checkbox"/>
Tuesday 8 <sup>th</sup> August	Bridport <input type="checkbox"/>
Tuesday 22 <sup>nd</sup> July	Dorchester <input type="checkbox"/>
Tuesday 18 <sup>th</sup> July	Dorchester <input type="checkbox"/>
Tuesday 1 <sup>st</sup> August	Dorchester <input type="checkbox"/>
Tuesday 18 <sup>th</sup> July	Weymouth <input type="checkbox"/>
Tuesday 1 <sup>st</sup> August	Weymouth <input type="checkbox"/>
Tuesday 11 <sup>th</sup> July	Weymouth <input type="checkbox"/>
Tuesday 22 <sup>nd</sup> July	Weymouth <input type="checkbox"/>
Tuesday 8 <sup>th</sup> August	Weymouth <input type="checkbox"/>

Lots of people are forgetting to book a place at events, before they come.

This is causing problems.



If more people come to events than we are expecting then:

- We don't have enough staff and volunteers at events.



- Venues like pubs and cafes don't have enough staff, so everyone has to wait a very long time for food/drinks.



- If we are doing art or crafts, we don't have enough for everyone.

# Event Booking

## How to book on to events

There are lots of ways you can tell us which events you are coming to, you can:



Telephone the office.



Email the office.



Fill out the form which is with this booklet, then post it back to us.



Fill out the form on our website. You will find the form on our homepage.

# Friendship Club

## Bridport Events

Event	Date and Time	Where
<b>Police Station Visit</b>	Tuesday 14 <sup>th</sup> November 6.30pm to 8.30pm	Bridport Police Station
<b>Christmas Meal</b>	Tuesday 28 <sup>th</sup> November 6.30pm to 9pm	Red Lion Beaminster
<b>Christmas Crafts</b>	Tuesday 12 <sup>th</sup> December 6.30pm to 8.30pm	Bridport Town Hall

### Christmas Meal Information:



- Cost is £20, for 2 courses and a gift!
- Please pay before event.
- Choose your meal when booking your place.

# Friendship Club

## Dorchester Events

Event	Date and Time	Where
Meal and Quiz	Tuesday 7 <sup>th</sup> November 6pm to 8pm	Brewhouse
Meal and Bingo	Tuesday 21 <sup>st</sup> November 6pm to 8pm	Hendover Cafe
Christmas Crafts	Tuesday 5 <sup>th</sup> December 6pm to 8pm	United Reformed Church
Christmas Meal and Disco	Tuesday 19 <sup>th</sup> December 6.30pm to 9.30pm	The Junction Pub

### Christmas Meal Information:



- Cost is £20, for 2 courses and a gift!
- Please pay before event.
- Choose your meal when booking your place.

# Friendship Club

## North Dorset Events

Event	Date and Time	Where
Pub and Games	Thursday 9 <sup>th</sup> November 6pm to 8pm	The Swan Inn
Pub and Quiz	Thursday 23 <sup>rd</sup> November 6pm to 8pm	The White Hart
Christmas Meal and Disco	Thursday 14 <sup>th</sup> December 6.30pm to 9.30pm	Folke Golf Club

### Christmas Meal Information:



- Cost is £20, for 2 courses and a gift!
- Please pay before event.
- Choose your meal when booking your place.



# Friendship Club

## Weymouth Events

Event	Date and Time	Where
Meal and Quiz	Tuesday 14 <sup>th</sup> November 6pm to 8pm	Slug and Lettuce
Pub and Bingo	Tuesday 28 <sup>th</sup> November 6pm to 8pm	Hardy's Hophouse
Christmas Crafts	Tuesday 12 <sup>th</sup> December 6pm to 8pm	Hope House, at St Marys Church



**IMPORTANT**  
Please book before  
you come to any  
events, thank you!

# Friendship Club

## Weymouth Disco

Come and join us for a boogie to your favourite songs!



Date and Time	Where
Thursday 16 <sup>th</sup> November 7pm to 9pm	Centenary Club
<b>Christmas Disco!</b> Thursday 7 <sup>th</sup> December 7pm to 9pm	Centenary Club



Come along wearing your Christmas jumper and festive accessories!

# Friendship Club

## Singing Session

Come and sing along to popular Christmas songs!



It's a relaxed session, with time for tea and chat.



You don't have to be able to sing; you can hum, listen or sign instead.

Date and Time	Where
Thursday 16 <sup>th</sup> November 6pm to 7.30pm	United Reformed Church Dorchester

# Friendship Club

## Online Zoom Events

Friends, fun and chatting Online!

Join us for quizzes,  
bingo, music, chat,  
workshops and more.  
You choose!



Date and Time	Activity
Monday 13 <sup>th</sup> November 6pm to 7pm	Chat and a quiz
Monday 4 <sup>th</sup> December 7.30pm to 9pm	Chat and tips for a good Christmas



Members from another Dorset  
group, called People First Forum, will  
be joining us!

**Please don't forget to let us  
know you are coming!**

# Sport

## Sport Celebration Event

We have had a sporty year!  
Let's celebrate our success!



Wednesday 1<sup>st</sup> November

7pm to 9pm

The Dorford Centre, Dorchester

There will be:

- A dancing
- Refreshments
- Time to chat
- And more!



**Please don't forget to let us  
know you are coming!**

# Speaking Up

## Speaking Up Groups

Join in one of our groups to talk about what is important to you and build your confidence.



Area	Date and Time	Where
<b>Dorchester</b>	Wednesday 8 <sup>th</sup> November 6pm to 7.30pm	United Church Dorchester
<b>Ferndown</b>	Wednesday 8 <sup>th</sup> November 10am to 11.30pm	Ferndown Library
<b>Swanage</b>	Monday 27 <sup>th</sup> November 11am to 12.30pm	Learning Centre Durlston

# Speaking Up

Area	Date and Time	Where
<b>Wareham</b>	Wednesday 15 <sup>th</sup> November 10.30am to 12pm	Purbeck Connect Centre
<b>Weymouth</b>	Tuesday 11am to 12.30pm 7 <sup>th</sup> November 5 <sup>th</sup> December	Bethany Hall
<b>Weymouth</b>	Wednesday 6pm to 7.30pm 22 <sup>nd</sup> November 13 <sup>th</sup> December	Hope United Reformed Church



**IMPORTANT**  
 Please book before  
 you come to any  
 events, thank you!

For more information see:

[www.peoplefirstdorset.org.uk](http://www.peoplefirstdorset.org.uk)

Call: **01305 257600**

Email: [office@peoplefirstdorset.org.uk](mailto:office@peoplefirstdorset.org.uk)

Write:

**People First Dorset  
Unit 2 Herringston Barn,  
Dorchester, DT2 9PU.**

