



Issue 25



Connecting people with
learning disabilities in Dorset



Who are People First Dorset?

We are a charity led and run by people with learning disabilities, with support from staff and volunteers.

We want to be independent, to have our voices heard and be included in community life.

How to contact us



Telephone:
01305 257600



Email:
office@peoplefirstdorset.org.uk



Post:
People First Dorset
Unit 2, Herringston barn,
Dorchester, DT2 9PU.



Welcome to the Connect Dorset Newsletter!



Inside you will find information about our meetings and events for January.



We usually send the newsletter every 2 months, but we will be sending it monthly over the winter.



This is because the number of Covid 19 infections is increasing.



So we need to be able to check the infection numbers and new guidance more frequently throughout the winter.



Then we can organise events that try to keep everyone as safe as possible.

Events Diary



Don't forget to fill up your diary with People First Dorset events!

Please book your place in advance.
See page 12 for information on
booking events.

Friendship Club

Bridport Events

Come and meet up with friends at local venues like pubs and cafes.



Event	Date and Time	Where
Art and Crafts	Tuesday 10 th January 6pm to 8pm	The Bull Hotel
Meal and Quiz	Tuesday 24 th January 6pm to 8pm	The Bull Hotel

Don't forget to let us know you are coming, see page 12.

Friendship Club

Dorchester Events

Come and meet up with friends at local venues like pubs and cafes.



Event	Date and Time	Where
Art and Crafts	Tuesday 3 rd January 6pm to 8pm	The Junction Pub
Meal and Quiz	Tuesday 17 th January 6pm to 8pm	The Vivo Lounge

Don't forget to let us know you are coming, see page 12.

Friendship Club

North Dorset Events

Come and meet up with friends at local venues like pubs and cafes.



Date and Time

Tuesday 17th
January
6pm to 8pm





Where

The White
Hart Pub

Event Booking

Please let us know you are coming to our events!

There are lots of ways you can tell us which events you are coming to, you can:

-  Telephone the office.
-  Email the office.
-  Fill out the form on the next page. Put a tick by the events you would like to come to, then post it back to us.
-  Fill out the form on our website. You will find the form on our homepage.

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Don't forget to let us know you are coming, please see **page 12** for details of how to book.

Friendship Club

Weymouth Events

Come and meet up with friends at local venues like pubs and cafes.



Event	Date and Time	Where
Art and Crafts	Tuesday 10 th January 6pm to 8pm	The Hardys Hophouse
Meal and Quiz	Tuesday 24 th January 6pm to 8pm	The Gurkha Restaurant

Don't forget to let us know you are coming, see page 12.

Friendship Club

Weymouth Disco

Come and join us for a boogie to your favourite songs!



<i>Date and Time</i>	<i>Where</i>
Thursday 19 th January 7pm to 9pm	Centenary Club

Online Event

Have fun from home with our online quizzes and games.



<i>Date and Time</i>	<i>Where</i>
Monday 16 th January 6pm to 7pm	On Zoom

Friendship Club

Singing Session

Come and sing along to familiar songs. No auditions, anyone can join in!



It's a relaxed session, with time for tea and chat.



You don't have to be able to sing; you can hum, listen or sign instead.

<i>Date and Time</i>	<i>Where</i>
Thursday 12 th January 6pm to 7.30pm	Dorford Centre, Dorchester

Speaking Up

Speaking Up Groups

Join in one of our groups to talk about what is important to you and build your confidence.



Area	Date and Time	Where
Bridport	Thursday 26 th January 2pm - 3.30pm	Bridport Youth Centre
Dorchester	Wednesday 11 th January 6pm - 7.30pm	Dorford Centre
Ferndown	Wednesday 11 th January 10am - 11.30pm	Ferndown Library
Swanage	Monday 30 th January 11am - 12.30pm	Learning Centre Durlston Park

Speaking Up

Area	Date and Time	Where
Verwood	Thursday 12 th January 11am - 12.30pm	Verwood Hub
Weymouth	Wednesday 25 th January 6pm - 7.30pm	Hope United Reformed Church

NEW Speaking Up Groups!

We have 2 new groups starting in January.



Area	Date and Time	Where
Wareham	Wednesday 25 th January 10am - 11.30am	Purbeck Connect Centre
Weymouth	Tuesday 3 rd January 11am - 12.30pm	Bethany Hall, Westham Road

Event Booking

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Telephone the office.



Email the office.



Fill out the form on the next page.

Put a tick by the events you would like to come to, then post it back to us.



Fill out the form on our website. You will find the form on our homepage.

Booking Form

Name

Email

Telephone

Friendship Club



Tuesday 10th January

Bridport

Tuesday 24th January

Bridport

Tuesday 3rd January

Dorchester

Tuesday 17th January

Dorchester

Tuesday 17th January

Sturminster

Tuesday 10th January

Weymouth

Thursday 24th January

Weymouth

Singing Session

Thursday 12th January

Dorchester

Online Event

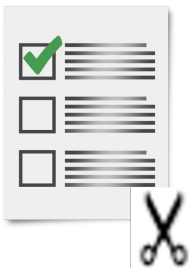
Monday 16th January

Zoom

Speaking Up



Thursday 26 th January	Bridport	<input type="checkbox"/>
Wednesday 11 th January	Dorchester	<input type="checkbox"/>
Wednesday 11 th January	Ferndown	<input type="checkbox"/>
Monday 30 th January	Swanage	<input type="checkbox"/>
Thursday 12 th January	Verwood	<input type="checkbox"/>
Wednesday 25 th January	Wareham	<input type="checkbox"/>
Tuesday 3 rd January	Weymouth	<input type="checkbox"/>
Wednesday 25 th January	Weymouth	<input type="checkbox"/>



Please cut out the form, put it in an envelope and post to:

Freepost RUBL-CSKL-AARY
People First Dorset
Unit 2
Herringston Barn
Herringston
DORCHESTER
DT2 9PU

You don't need a stamp.

For more information see:

www.peoplefirstdorset.org.uk

Call: **01305 257600**

Email: **office@peoplefirstdorset.org.uk**

Write:

***People First Dorset
Unit 2 Herringston Barn,
Dorchester DT2 9PU.***

