

Issue 22





Connecting people with learning disabilities in Dorset



# Who are People First Dorset?

We are a charity led and run by people with learning disabilities, with support from staff and volunteers.

We want to be independent, to have our voices heard and be included in community life.

#### How to contact us



Telephone: 01305 257600



Email: office@peoplefirstdorset.org.uk



Post: People First Dorset Unit 2, Herringston barn, Dorchester, DT2 9PU.



# Welcome to the Connect Dorset Newsletter!



Inside you will find information about our meetings and events for October.



We usually send the newsletter every 2 months, but we will be sending it monthly over the winter.



This is because the number of Covid 19 infections is increasing.

So we need to be able to check the infection numbers and new guidance more frequently throughout the winter.



Then we can organise events that try to keep everyone as safe as possible.

### **Events Diary**



Don't forget to fill up your diary with People First Dorset events!

Please book your place in advance.
See page 8 for information on
booking events.

# Friendship Club

Community Events
Come and meet up with friends at local venues like pubs and cafes.



Pub and QuizTuesday 4th October 6pm to 8pmDorchester The BrewhousePub and QuizTuesday 4th October 6pm to 8pmSturminster Newton The Bull Inn	Event	Date and Time	Where
Pub and October Newton		October	The
		October	Newton
Meal and Quiz  Tuesday 11 <sup>th</sup> October 6pm to 8pm  Weymouth The Gurkha Restaurant		October	The Gurkha

# Friendship Club

Event	Date and Time	Where
Bingo Night	Tuesday 18 <sup>th</sup> October 6pm to 8pm	<b>Dorchester</b> Hendover Café
Pub and Games	Tuesday 18 <sup>th</sup> October 6pm to 8pm	Sturminster Newton The White Hart
Visit to Museum	Tuesday 25 <sup>th</sup> October 6pm to 8pm	Weymouth Weymouth Museum
Halloween Disco	Thursday 27 <sup>th</sup> October 7pm to 9pm	<b>Weymouth</b> Centenary Club

# Friendship Club

#### **Singing Session**

Come and sing along to familiar songs. No auditions, anyone can join in.



#### **Date and Time**

Thursday 6<sup>th</sup> October and Thursday 20<sup>th</sup> October

6pm to 7.30pm

#### Where

Dorchester United Reformed Church

#### Online Event

Have fun from home with our online quizzes and games.



Date and Time	Where
Monday 17 <sup>th</sup> October 6pm to 7pm	On Zoom

# Speaking Up

Speaking Up are meetings where we come together and talk about what is important to us.



Area	Date and Time	Where	
Bridport	Thursday 20 <sup>th</sup> October 2pm - 3.30pm	Bridport Youth Centre	
Dorchester	Wednesday 5 <sup>th</sup> October 6pm - 7.30pm	The Dorford Centre	
Swanage	Monday 24 <sup>th</sup> October 11am - 12.30pm	Learning Centre Durlston Park	
Verwood	Thursday 27 <sup>th</sup> October 11am - 12.30pm	Verwood Hub	
Weymouth	Wednesday 26 <sup>th</sup> October 6pm - 7.30pm	Hope United Reformed Church	

### **Event Booking**

# Please let us know you are coming to our events!

There are lots of ways you can tell us which events you are coming to, you can:



Telephone the office.



Email the office.



Fill out the form on the next page.

Put a tick by the events you would like to come to, then post if back to us.



Fill out the form on our website. You will find the form on our homepage.

# **Booking Form**

Name		••••
Email		•••••
Telephone		••••
Friendship Club		<b>~</b>
Tuesday 4 <sup>th</sup> October	Dorchester	
Tuesday 18 <sup>th</sup> October	Dorchester	
Tuesday 4 <sup>th</sup> October	Sturminster	
Tuesday 18 <sup>th</sup> October	Sturminster	
Tuesday 11 <sup>th</sup> October	Weymouth	
Tuesday 25 <sup>th</sup> October	Weymouth	
Tuesday 27 <sup>th</sup> October	Weymouth	
Singing Sessions		
Thursday 6 <sup>th</sup> October	Dorchester	
Thursday 20 <sup>th</sup> October	Dorchester	

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Monday 17<sup>th</sup> October Zoom



#### Speaking Up

Thursday 20<sup>th</sup> October Bridport

Wednesday 5<sup>th</sup> October Dorchester

Monday 24<sup>th</sup> October Swanage

Thursday 27<sup>th</sup> October Verwood

Wednesday 26th October Weymouth





Please cut out the form, put it in an envelope and post to:

Freepost RUBL-CSKL-AARY
People First Dorset
Unit 2
Herringston Barn
Herringston
DORCHESTER
DT2 9PU



You don't need a stamp.

#### For more information see:

#### www.peoplefirstdorset.org.uk

Call: 01305 257600

Email: office@peoplefirstdorset.org.uk

Write:

People First Dorset
Unit 2 Herringston Barn,
Dorchester DT2 9PU.

