



# Connect

Issue 24



Connecting people with  
learning disabilities in Dorset



## Who are People First Dorset?

We are a charity led and run by people with learning disabilities, with support from staff and volunteers.

We want to be independent, to have our voices heard and be included in community life.

### *How to contact us*



Telephone:  
01305 257600



Email:  
[office@peoplefirstdorset.org.uk](mailto:office@peoplefirstdorset.org.uk)



Post:  
People First Dorset  
Unit 2, Herringston barn,  
Dorchester, DT2 9PU.



# Welcome to the Connect Dorset Newsletter!



Inside you will find information about our meetings and events for December.



We usually send the newsletter every 2 months, but we will be sending it monthly over the winter.



This is because the number of Covid 19 infections is increasing.



So we need to be able to check the infection numbers and new guidance more frequently throughout the winter.



Then we can organise events that try to keep everyone as safe as possible.

# Events Diary



***Don't forget to fill up your diary with People First Dorset events!***

Please book your place in advance.  
See page 12 for information on  
booking events.

# Friendship Club

## Community Events

Come and meet up with friends at local venues like pubs and cafes.



<i><b>Event</b></i>	<i><b>Date and Time</b></i>	<i><b>Where</b></i>
<i><b>Art and Crafts</b></i>	Tuesday 6 <sup>th</sup> December 6pm to 8pm	<i><b>Dorchester</b></i> The PIP Café Poundbury
<i><b>Meal and Quiz</b></i>	Tuesday 13 <sup>th</sup> December 6pm to 8pm	<i><b>Weymouth</b></i> The Gurkha Restaurant
<i><b>Meal and Quiz</b></i>	Tuesday 20 <sup>th</sup> December 6pm to 8pm	<i><b>Sturminster Newton</b></i> The White Hart

# Friendship Club

## Online Event

Have fun from home with our online quizzes and games.



<i>Date and Time</i>	<i>Where</i>
Monday 12 <sup>th</sup> December  6pm to 7pm	On Zoom



If you are new to Zoom, we can send you an easy read guide of how to use it.

# Friendship Club

## Singing Session

Come and sing along to familiar songs. No auditions, anyone can join in!



It's a relaxed session, with time for tea and chat.



You don't have to be able to sing; you can hum, listen or sign instead.

<b><i>Date and Time</i></b>	<b><i>Where</i></b>
Thursday 8 <sup>th</sup> December  6pm to 7.30pm	Dorchester United Reformed Church

# Friendship Club

## Dorchester Christmas Event

Come and join us for a meal, disco and visit from Father Christmas!



### Date and Time

Tuesday 20<sup>th</sup>  
December

6pm to 9pm

### Where

The Junction  
Pub



Price is £20 per person, includes meal, soft drink, gift and entertainment.



Contact the office to book before 6<sup>th</sup> December to guarantee your space!



# Friendship Club

## North Dorset Christmas Event

Come and join us for a meal, disco and visit from Father Christmas!



### Date and Time

Tuesday 6<sup>th</sup>  
December

6pm to 9pm

### Where

Folke Golf  
Centre



Price is £20 per person, includes meal, soft drink, gift and entertainment.



Contact the office to book before 6<sup>th</sup> December to guarantee your space!

# Friendship Club

## Weymouth Christmas Disco

Come and join us for a boogie to your favourite Christmas songs!



<i>Date and Time</i>	<i>Where</i>
Thursday 22 <sup>th</sup> December 7pm to 9pm	Centenary Club



Why not wear a festive outfit?

Dig out your Christmas jumpers, hats and anything red or sparkly!

# Friendship Club

## Bridport Christmas Pub Quiz

Meet up with friends and enjoy a festive, fun quiz, at the new Friendship Club in Bridport.



Food and drinks will also be available to buy on the night.

<i>Date and Time</i>	<i>Where</i>
Tuesday 13 <sup>th</sup> December  6.30pm to 8.30pm	The Bull Pub



From January, Friendship Club will meet in Bridport twice a month, on a Tuesday.

To find out more come along to the Christmas Pub Quiz.

# Speaking Up

## Speaking Up Groups

Join in one of our groups to talk about what is important to you and build your confidence.



Area	Date and Time	Where
<b>Bridport</b>	Thursday 8 <sup>th</sup> December 2pm - 3.30pm	Bridport Youth Centre
<b>Dorchester</b>	Wednesday 7 <sup>th</sup> December 6pm - 7.30pm	The Royal Oak
<b>Swanage</b>	Monday 5 <sup>th</sup> December 11am - 12.30pm	Learning Centre Durlston Park
<b>Verwood</b>	Thursday 8 <sup>th</sup> December 11am - 12.30pm	Verwood Hub
<b>Weymouth</b>	Wednesday 14 <sup>th</sup> December 6pm - 7.30pm	Hope United Reformed Church

# Event Booking

Please let us know you are coming to our events!

There are lots of ways you can tell us which events you are coming to, you can:



Telephone the office.



Email the office.



Fill out the form on the next page.

Put a tick by the events you would like to come to, then post it back to us.



Fill out the form on our website. You will find the form on our homepage.

# Booking Form

Name .....

Email .....

Telephone .....

## Friendship Club



Tuesday 6<sup>th</sup> December      Dorchester

Tuesday 20<sup>th</sup> December      Dorchester

Tuesday 6<sup>th</sup> December      Sturminster

Tuesday 20<sup>th</sup> December      Sturminster

Tuesday 13<sup>th</sup> December      Weymouth

Thursday 22<sup>nd</sup> December      Weymouth

<input checked="" type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>
<input type="checkbox"/>

## Singing Session

Thursday 8<sup>th</sup> December      Dorchester

<input type="checkbox"/>
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## Online Event

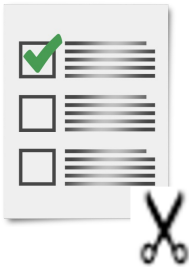
Monday 12<sup>th</sup> December      Zoom

<input type="checkbox"/>
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## Speaking Up



Thursday 8 <sup>th</sup> December	Bridport	<input type="checkbox"/>
Wednesday 7 <sup>th</sup> December	Dorchester	<input type="checkbox"/>
Monday 5 <sup>th</sup> December	Swanage	<input type="checkbox"/>
Thursday 8 <sup>th</sup> December	Verwood	<input type="checkbox"/>
Wednesday 14 <sup>th</sup> December	Weymouth	<input type="checkbox"/>



Please cut out the form, put it in an envelope and post to:

**Freepost RUBL-CSKL-AARY**  
**People First Dorset**  
**Unit 2**  
**Herringston Barn**  
**Herringston**  
**DORCHESTER**  
**DT2 9PU**

You don't need a stamp.

For more information see:

**[www.peoplefirstdorset.org.uk](http://www.peoplefirstdorset.org.uk)**

Call: **01305 257600**

Email: **[office@peoplefirstdorset.org.uk](mailto:office@peoplefirstdorset.org.uk)**

Write:

***People First Dorset  
Unit 2 Herringston Barn,  
Dorchester DT2 9PU.***

